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The Best Of Irish Country Cooking Traditional And Contemporary Recipes



Synopsis

100 TRADITIONAL RECIPES WITH HISTORICAL INFORMATION AND BEAUTIFUL LANDSCAPE PHOTOGRAPHY Ireland's rich culinary heritage is being rediscovered. Irish food has always been thought of as rustic and filling-hearty comfort food to get you through a cold winter - but a new strand of cooking is emerging, still based on Ireland's rural heritage and favorite ingredients, but with a modern twist. A new wave of artisanal producers is bringing a variety of high-quality ingredients to a wider market-from the freshest wild salmon and oysters to award-winning marsh-fed lamb, farmhouse cheeses, and whiskey. Delis, supermarkets, and gourmet food stores around the world are stocking and celebrating Irish fare for the first time, and the movement for seasonal Irish home cooking is gaining momentum. Written by accomplished Irish food writer Nuala Cullen, *The Best of Irish Country Cooking* takes a new look at traditional Irish fare. It is filled with mouthwatering, user-friendly recipes, seasonal cooking suggestions, festive Irish traditions, and gorgeous scenes of Ireland's unspoiled landscapes. Seafood and vegetables feature heavily alongside time-honored favorites like Irish Stew, Pork and Apple Pie, and Christmas Pudding in the book's six chapters (Appetizers, Soups, Mains, Sides and Salads, Desserts, Baking, and Preserves). There's even an Irish cocktail recipe dating back to the 18th century! With lush photography and over 100 traditional, contemporary, and seasonal recipes, *The Best of Irish Country Cooking* is an essential guide to classic Irish cooking today.

Book Information

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Customer Reviews

Nuala Cullen is a freelance food writer and author of *Savoring Ireland*, *Irish Egg Cookbook* and *Irish*

Soups and Breads, as well as numerous newspaper articles. She was a contributing author to *Women in Early Modern Ireland*. She has a special interest in food in an historical context and has acted as a consultant for television, radio, banquets and various publications. She is also a founding member of the Irish Food Writers Guild. She lives in Dublin with her family.

Classic Irish cooking at its best! There is a lovely array of classic Irish recipes to choose from. I started with an old classic – Irish Soda Bread. It was a huge hit! It's easy to make, though the amounts seemed somewhat out of whack. 3 c of flour to 2 1/2 c of buttermilk do not make a dough that you can shape into a round cake, much less cut a cross in! I had to add a LOT more flour, and then cook it much longer as it was a larger loaf at that point, but otherwise it turned out well. Irish Stew. Ah! It's a classic. It's comfort food. It's delicious!! Easy to make, it's sure to delight the family! Baked Eggs with Spinach makes a nice change for breakfast. It's delicious and somewhat healthy as well! There are many more recipes I want to try from the Beef and Mushroom Pie to Venison Pasties (now that I have venison in my freezer. Yay!), the classic Queen of Puddings and Potato Soup with Salmon and Chives to name a few. There is much to love in this cookbook, and I'm happy to recommend it. I received a copy of this cookbook from Interlink Publishing for my honest review. All thoughts and opinions are my own.

This book is really lovely. Comforting, cozy Irish classics but a bit lighter than some of the other Irish cookbooks I have, which makes this a winner in my kitchen.

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